# **Beach Regulations**

- Alcohol is not allowed on the beach.
- No glass containers are allowed on the beach.
- It is illegal to disturb or damage the dunes. Stay on the boardwalks and marked paths.
- It is illegal to possess or discharge fireworks in the City of Myrtle Beach.
- Fires are not allowed on the beach.
- Dogs are not allowed on the beach from May 1st through Labor Day.
  Dogs must be on leash when they are allowed on the beach.
- Only circular umbrellas, up to 7 and a half feet in diameter, are allowed from May 1st to Labor Day to be used as shading.
- Items can only be set up on the beach after 8 A.M. and must be taken down by 7 P.M.
- Thong style bathing suits are not permitted on the beach or in public.



# Provided by Myrtle Beach Fire Department

## Myrtlebeachfire.com



embfdsc @mbfdsc

BEACH SAFETY







## **Identifying Rip Currents**

Look for any of these clues:

- A channel of churning, choppy water.
- An area having a notable difference in color.
- A line of foam, seaweed, or debris moving steadily seaward.
- A break in the incoming wave pattern.

#### Polarized sunglasses make it easier to see the rip current clues provided above.



# **USLA's Top 10 Safety Tips**

- 1. Learn to Swim
- 2. Swim Near a Lifeguard
- 3. Swim With a Buddy
- 4. Check with the Lifeguards
- 5. Use Sunscreen & Drink Water



### **Rip Current Dangers**

Rip Currents can be killers. The USLA estimates that over 100 people die from rip currents on our nation's beaches each year. These are powerful currents of water flowing away from shore, through the surf zone, and past the line of breaking waves. Rip currents can occur at any beach with breaking waves, including the Great Lakes. The greatest safety precaution that can be taken is to recognize the danger of rip currents and always remember to swim at beaches with lifeguards. Please check with lifeguards for safest areas before entering the water.

- 6. Obey Posted Signs and Flags
- 7. Keep the Beach & Water Clean
- 8. Learn Rip Current Safety
- 9. Enter Water Feet First
- **10. Lifeguards are Friends**

## How to Avoid & Survive Rip Currents

- If caught in a rip current, remain calm to conserve energy and think clearly.
- Don't fight the current. Swim out of the current in any direction following the shoreline.
- When out of the current, swim towards the shore.
- If you are unable to swim out of the rip current, float or calmly tread water. When out of the current, swim towards shore.
- If you are still unable to reach shore, draw attention to yourself: face shore, wave your arms, and yell for help.
- If you see someone in trouble, get help from a lifeguard. If a lifeguard is not available, have someone call 911. Throw the rip current victim something that floats and yell instructions on how to escape.

# Remember, many people drown while trying to save someone else!



The Myrtle Beach Fire Department's Water Rescue Team is Red Cross and USLA ARRT Certified for Open Water Rescue

Information obtained from USLA.org